

# 1 Speaker Profile

## Speaker Profile Form

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Name and Credentials: Patricia J. Posa RN, BSN, MSA

Position Held: System Performance Improvement Leader

Organization: St. Joseph Mercy Health System

Business Address: 5301 East Huron River Dr. PO Box 995  
City: Ann Arbor State: Michigan Zip: 48106

Country: USA

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Internet/email address: [patposa@comcast.net](mailto:patposa@comcast.net) (work)

Professional License 4704128246 State: Michigan Exp.Date: 3/31/2011

**Indicate address and phone where you wish to be contacted.**

**Mail:** Home  Work   
**Phone:** Home  Work

**If you wish to receive your mail and/or phone calls at home, please give your home address and phone number.**

Home Address: 19847 Scenic Harbour Drive Northville, MI 48167

Home Telephone: 248-890-0044

**Academic Preparation:** (List most recent academic preparation first - please indicate area of specialty)

Central Michigan University	Mt Plesant, MI	MSA	1996
School/University	City, State	Degree	Date
Wayne State University	Detroit, MI	BSN	1979
School/University	City, State	Degree	Date

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### Professional Experience:

08/09 – Present	St, Joseph Mercy Health Sytem System Performance Improvement Leader
7/09 – Present	Sepsis Solutions International LLC, Northville, Michigan Constultant/Educator
08/07 – 08/09	St, Joseph Mercy Health Sytem Special Projects Coordinator
08/01 – 08/06	St, Joseph Mercy Health Sytem Staff Nurse, SICU
2005- Present	Advancing Nursing, LLC Northville, MI Constultant/Educator
2000-2007	Medical Legal Consultant , Northville, MI Provide nurse expert services to legal firms.
1999-2000	Henry Ford Health System-Health Alliance Plan Detroit, MI Manager, System Care Management
1999	Henry Ford Health System MANAGER, MANAGED CARE SERVICES
1999	Henry Ford Health System PROJECT MANAGER-CLINICAL AND MANAGED CARE SERVICES
1998-1999	Henry Ford Health System ADMINISTRATIVE MANAGER GENERAL INTERNAL MEDICINE
1997-1998	Henry Ford Health System ADMINISTRATIVE MANAGER III-DETROIT NORTHWEST
1996-1997	Henry Ford Health System PROJECT MANAGER-DETROIT REGION
1995-1996	HENRY FORD HOSPITAL UTILIZATION CARE TEAMSCOORDINATOR
11/94-12/94	Sharp Health Care- Grossmont Hospital San Diego, CA Emergency Department Management Consultant
1993-1994	Sharp Health Care- Sharp Memorial and Cabrillo Hospitals Director of Nursing And Professional Support Services
1993	Sharp Healthcare-Mary Birch Hospital For Women Program Coordinator
1991-1993	Sharp Healthcare-Sharp Memorial Hospital Critical Care Educator

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1985-1991	Sharp Healthcare-Sharp Memorial Hospital Surgical Intensive Care Unit-Nurse Manager	
T 1984-1985	Sharp Healthcare-Sharp Memorial Hospital Medical Intensive Care Unit/Coronary Intensive Care Unit Nurse Manager	
1982-1984	Sharp Healthcare-Sharp Memorial Hospital Medical Intensive Care Unit/Coronary Intensive Care Unit Administrative Nurse II	
1982	Sharp Healthcare-Sharp Memorial Hospital Surgical Intensive Care Unit-Staff Nurse	
1981-1982	Staff Builders Intensive Care Pool Nurse	San Diego, Ca
1979-81	Harper Hospital	Detroit, Mi
1979-1981	Micu - Staff Nurse	
1979	Postsurgical Telemetry Unit - Staff Nurse	

#### **Previous Programs at which you have spoken:**

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2010	American Thoracic Society International Conference. Sustaining A Workforce On The Cutting Edge: The Keystone Collaborative Approach to Disseminating And Maintaing Best Practices	
	Missouri Patient Safety Organization Conference Comprehensive Unit Based Patient Safety Program	
	Southern California Hospital Association Eliminating BSI and Implementing a Sepsis Program	
	Emergency Nurses Association-Duluth, MINN Managing the patient with severe sepsis	
	Intergris Health-Quest for Quality Sepsis-An Evidence Based Approach	
2009	Catholic Health Partners—Cincinnati, Ohio System Sepsis Collaborative Implementation of a Severe Sepsis Program	
	North Texas Association for Health Care Quality Implementation of a Hospital Wide Sepsis Program	
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- Keystone ICU Statewide Collaborative Sepsis program and management update
- Arizona Agency for Health Care Quality Implementing a Hospital wide Sepsis Program
- Diamond State Chapter Critical Care Symposium Dover, DE  
Delirium Prevention and Management in Critical Care
- Integrated Nurse Leadership Program Implementation of a Severe Sepsis Program San Francisco, CA
- AACN-Pitt Chapter/UPMC Implementation of a Severe Sepsis Program Pitt, PA
- 2008 National APIC Conference: Eliminating Central Line Associated Blood Stream Infections
- Baptist Health-Miami: Implementation of a Severe Sepsis Program-The St. Joseph Mercy Experience
- AACN National Teaching Institute: Eliminating Central Line Associated Blood Stream Infections
- Interventional Patient Hygeine Akron, OH
- 2007 Trinity Health System Fall Conference: Surviving Sepsis: Early Identification and Management Saves Lives; Reducing Antibiotic Administration Time in Patient with Severe Sepsis
- AACN National Teaching Institute: Eliminating Central Line Associated Blood Stream Infections
- 2006 Michigan APIC Conference: Prevention of infections in the ICU: VAP and Catheter Associated BSI
- 2006 NPACE National Meeting, Evidence Based Management of the Patient with Severe Sepsis
- 2006 American Society Of Enteral and Parental Nutrition National Conference, Prevention of Ventilator Associated Pneumonia in the Critically Ill Patient
- 2002-Present Management of the patient with severe sepsis (presented multiple times at different programs around the country)
- 1998 Common Threads from OPD to IPD: Professional Nursing at its Best, Institute for Healthcare Improvement, Orlando, Florida
- 1997 Inside and Out: Professional Nursing at its Best, Johns Distinguished Nursing Lectureship, Henry Ford Health System

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- 1994 Work Redesign: A Response to Changes in Health Care, Quality Symposium, Sharp HealthCare.
- Nutritional Support: Bedside Strategies for Successful Patient Outcomes, presented at:
- Assist Trauma Nurse Coordinator Annual Conference
  - Critical Care Symposium, Sharp Memorial and Cabrillo Hospitals (1992 and 1993)
  - Critical Care Orientation (3-4 X/year since 1991)
  - AACN's National Teaching Institute (1993)
- 1993 Percutaneous Cardiopulmonary Support and Left Ventricular Assist Devices for Critically Ill Patients, San Antonio Community Hospital, Redlands, California.
- 1991 The Critical Link: Assessing and Meeting Nutritional Needs at AACN's National Teaching Institute for >275 critical care nurses.
- Advanced Assessment of Oxygenation: Improving Tissue Oxygenation at Sharp Memorial Hospital for >30 critical care nurses and respiratory therapists (performed yearly since 1988).
- 1990 Nutritional Support for the Critically Ill Patient at Sharp Memorial Hospital for critical care orientation program (part of orientation since 1985).
- Left Ventricular Assist Devices: Clinical Applications and Patient Management at Providence Heart Day Nursing Symposium, Seattle, Washington, for >100 critical care nurses and cath lab technicians.
- 1989 Advanced Assessment of Oxygenation: Improving Tissue Oxygenation at Critical Care Cardiovascular Symposium sponsored by Sharp Memorial Hospital for >75 critical care nurses.
- Educational Series on Bedside Teaching Strategies for Critical Care Nurse at Sharp Memorial Hospital for small group of 8-10 critical care nurses repeated throughout the year.
- Educational series on Leadership Skills for the Clinical Nurse at Sharp Memorial Hospital for small group of 8-10 critical care nurses repeated throughout the year.
- Pressure Controlled Ventilation: With and Without Inverse Ration at Sharp Memorial Hospital for >30 critical care nurses and respiratory therapists.
- 1988 Postoperative Pulmonary Nursing Care: Advanced Clinical Assessment and Intervention at Sharp Memorial Hospital's Cardiovascular Symposium for >70 critical care nurses.
- Endocrine System for CCRN review course at Sharp Memorial Hospital for >40 critical care nurses (also presented Endocrine at review course in 1987).

### **Publications:**

Pronovost, Peter Goeschal, Christine, - Colantuoni, Elizabeth Posa, Patricia et.al. BMJ 2010; 340:c309 Sustaining reductions in catheter-related bloodstream infections in Michigan intensive care units: an observational study.”

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Posa, P. RN; Harrison, Denise RN; Vollman, Kathleen, RN; Elimination of Central Line-Associated Bloodstream Infections. 2006, AACN Advanced Critical Care. Vol 17, No:4. pp. 446-454

Goeschel, Christine, RN; Bourgault, Annette, RN; Palleschi, RN; Posa, Pat RN, Harrison, Denise RN. et al. Nursing Lessons from the MHA Keystone ICU Project: Developing and Implementing an Innovative Approach to Patient Safety. Critical Care Nursing Clinics of North America. 18(2006) 481-491.

Pronovost, Peter MD, Needham, Dale MD, Berenholtz, Sean MD, Dinopoli, David, MPH, Chu, Haitao, MD, Cosgrove, Sara, MD et al. An Intervention to Decrease Catheter-Related Bloodstream Infections in the ICU. New England Journal of Medicine Dec. 28, 2006; Vol 355 No:26 pp. 2725-2732 (one of the participating hospital teams, acknowledged in supplement)

Prasad V. Podila, M.D., Tamir Ben-Menachem, M.D., M.S. Surinder K. Batra, M.D., F.A.C.P., Nagaraja Oruganti, M.D., Patricia Posa, R.N., BSN, MSA., and Ronald Fogel, M.D., Managing Patients With Acute, Nonvariceal Gastrointestinal Hemorrhage: Development and Effectiveness of a Clinical Care Pathway. The American Journal Of Gastroenterology, 2001:96(1), Elsevier Science Inc.

Posa, P., Nutritional Support Strategies: A Case Study Approach, AACN's Clinical Issues, Vol 5, No. 4, Nov. 1994

Posa, P., Nutritional Support of the Critically Ill Patient: Bedside Strategies for Successful Patient Outcomes, Crit Care Nurs Q., 1994:16(4), Aspen Publications

Cone, M., Hoffman, M., Jessen, D., Posa, P., Dailey, C., Rybowick, L., Cardiopulmonary Support in the Intensive Care Unit, Amer J. Crit Care, Vol 1, No. 1, 1992

Posa, P., Yonkee, D., Fields, W., Development and Implications of an Interdisciplinary Quality Assurance Monitor on Unplanned Transfers into the Intensive Care Units, J. Nurs Care Qual, 1992:6(2)